



**Workbooks
Story Booklets
Subscriptions**
Resources for Supporting Parents

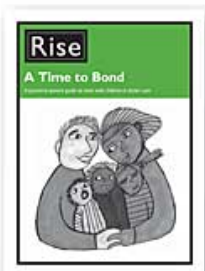
WORKBOOKS

Lessons and worksheets give professionals the tools to use stories by real parents in parent support groups, parenting classes, or one-on-one.

A Time to Bond

A parent-to-parent guide to visits with children in foster care 90 pp. \$12

The nine true stories in *A Time to Bond* show how parents have succeeded in bonding with children in foster care during visits. Helps parents set goals to establish visiting routines, use play to connect, talk with children about their lives in foster care, handle painful emotions, and say goodbye in a positive way.



'It Won't Happen Again'

Stories about reunification by parents affected by the child welfare system 82 pp. \$12.00 //

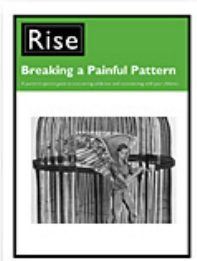
When children act out after reunification, parents often feel surprised and overwhelmed. Nine stories and worksheets help parents prepare for reunification, understand children's fear and anger, and learn healthy responses that other parents have used to repair relationships with their children.



Breaking a Painful Pattern

A parent-to-parent guide to overcoming addiction and reconnecting with your children 140 pp. \$18.00 //

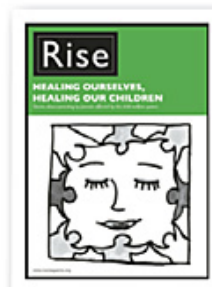
Designed to support and guide parents who are in recovery from an addiction, this workbook includes 15 true stories by parents who have successfully overcome addiction and reconnected with their children. Two sections—on recovery and on reestablishing trust and parental authority—can be used independently.



Healing Ourselves, Healing Our Children

Stories about parenting by parents affected by the child welfare system 86 pp. \$12.00 //

Parents who grew up with chaos, trauma, or family separation need guidance to build safe, nurturing homes. 10 stories and worksheets help parents envision a different family life and become more capable of setting routines, improving communication, and using positive discipline.



Building a Bridge

Stories about building collaboration between parents and foster parents 130 pp. \$18 //

Positive relationships between parents and foster parents help children feel more secure in foster care and adjust more easily after reunification. 20 stories by parents, foster parents and teens plus 14 worksheets are ideal for parent support groups, staff and foster parent training, mediation preparation, and one-on-one discussions.

MAGAZINE SUBSCRIPTION

Rise magazine gives parents information, guidance and hope. Peer stories are credible forms of support. Stories help professionals approach parents with empathy and develop parent-informed practices.



Rise magazine is printed three times each year. Print copies are sold in a minimum bundle of 10 copies. Bulk orders are discounted.

10 Copies - \$50

100 Copies - \$250

25 Copies - \$100

250 Copies - \$495

50 Copies - \$175

500 copies - \$955

FREE BOOKLETS



'It's OK to Need Support'

A parent-to-parent guide to family support services
24 pp. / 21 stories

Models the changes parents can

make in their families with family support services.

<http://www.risemagazine.org/PDF/Its-OK-to-need-support.pdf>



One Step at a Time

A parent-to-parent guide to the child welfare system

32 pp. / 26 stories

This step-by-step guide shows how parents can navigate the child welfare system to reach reunification.

<http://www.risemagazine.org/PDF/One-Step-at-a-Time.pdf>

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